



heritage

St. Ignatius

spirituality

offer

internalise

feel

know

environment & nature

the
PERSON
in
IGNATIUS'
WAY



Indice

This logbook that you have in your hands is for you, so that you can enjoy it during the journey and also afterwards. And so that during the journey you can have everything you need at hand to live a more **complete experience**.

Take the time to immerse yourself in the life of Saint Ignatius of Loyola. Get to know his **person** and his **spirituality**, the **environment**, **nature** and **heritage** of the area.

This route will allow you to get to **know** a little more about who you are (as well as the places you are visiting). So that you can **feel** and **internalise** what you are experien-

cing and be able to offer a better version of yourself.

Through the following pages you will be able to delve into a different aspect of the life and transformation process of St. Ignatius at each point along the way. Let yourself go and feel what your body and mind needs at each moment and capture it in these pages.

This log is a tool that only needs your presence. Read, write, draw, photograph and meditate. Make this journey your journey. Live the experience of "**Loyola gehiago**" and "**the person on the path of Ignatius**".

**MAKE THE PATH YOUR OWN
AND DISCOVER YOURSELF.**



the PERSON in IGNATIUS' WAY

Distance:
13,60 km

Elevation:
685 m

Estimated time:
hours

Difficulty:
easy

Minimum altitude:
60 m

Maximum altitude:
402 m



loyola sanctuary

Look (at you)
with
tenderness



RECONCILIATION

Take this moment to be...

- WITH YOURSELF
- WITH YOUR ENVIRONMENT
- WITH NATURE
- WITH CREATION





1 What is your story?

2 How do you integrate everything you have lived through, your history, everything that has happened to you?

3 How do you define yourself?



HOW WOULD YOU
DRAW THE STORY
OF YOUR LIFE?

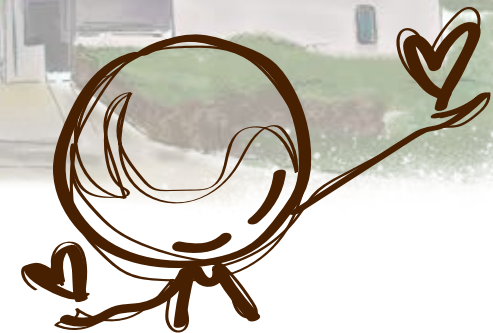
the most important people,
the most important moments,
the ups & downs you have experience,
the biggest lessons you've learned...

Oñatz Quarter



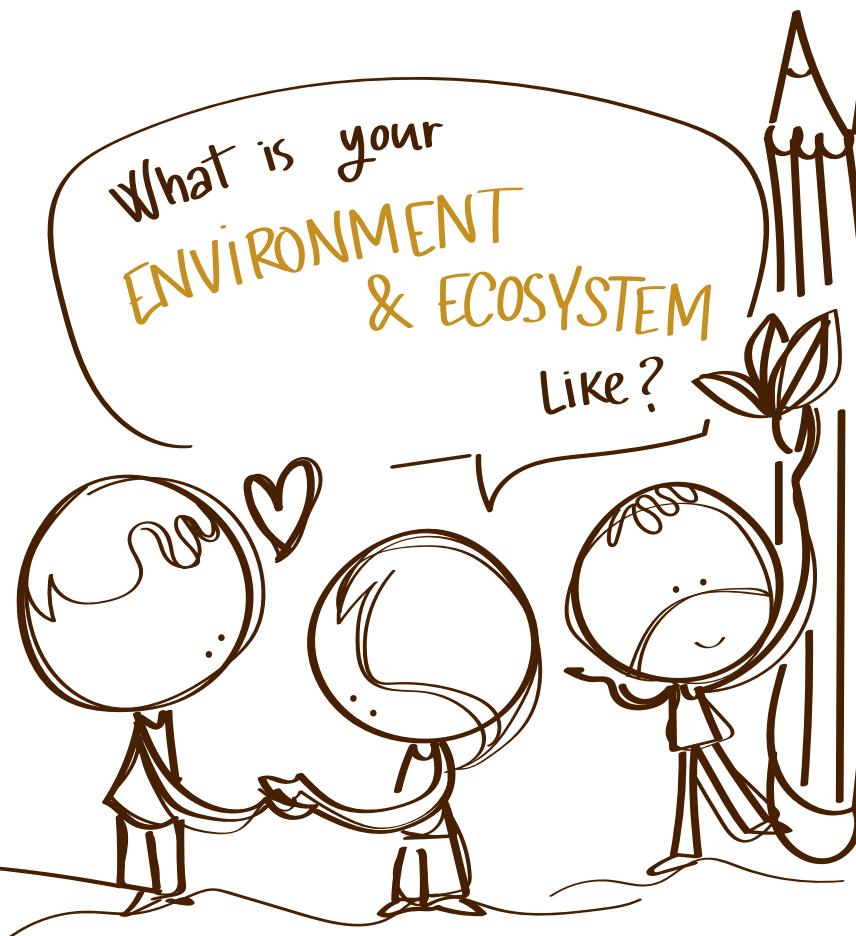
PEOPLE
WITH OTHERS

TO BE
—
& TO LET
BE



1 WHAT IS YOUR EXPERIENCE OF COMMUNITY & FAMILY LIKE?

DRAW!

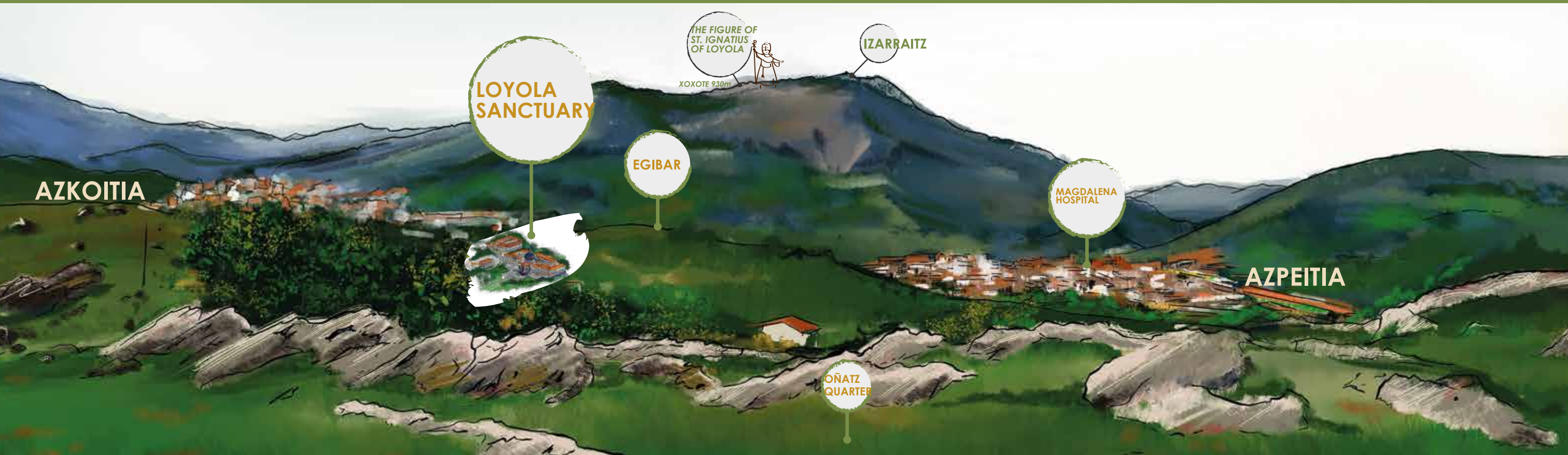


2

WHAT IS YOUR BEST IMPORTANT
MOST
CONTRIBUTION TO THIS WORLD?

...WITH OTHERS

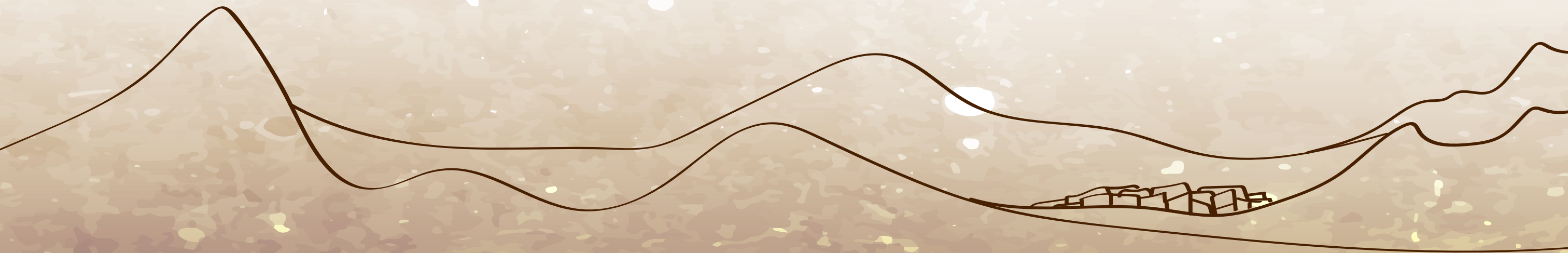




LET YOURSELF BE PUT
ON THE ROAD:
HERE & NOW

TAKE A MOMENT
TO BREATHE
IN NATURE
& LIVE IT

Who are you?



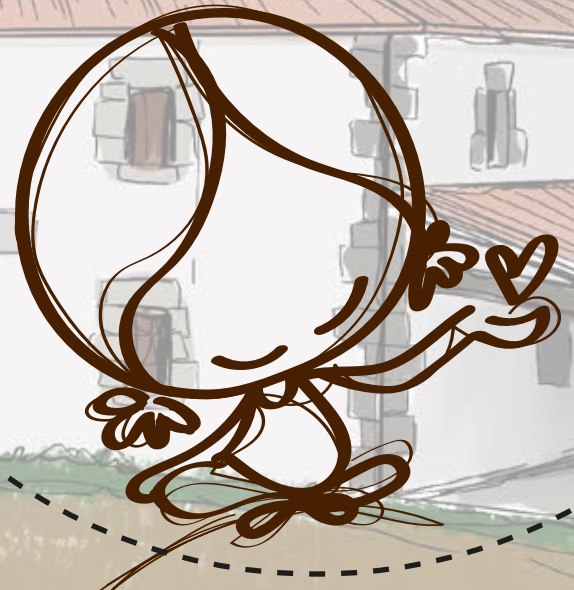
Egibar farmhouse

the EXPERIENCE
of JOY

ACKNOWLEDGEMENT OF WHAT
GIVEN & GIVEN AWAY

HOPE & FULLNESS
HAS BEEN

gratitude



make a memory...

1

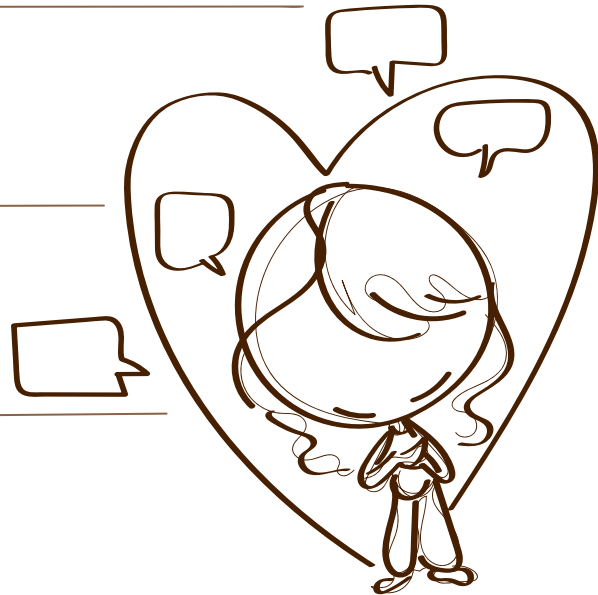
WHO DO YOU THANK
IN YOUR LIFE?

1

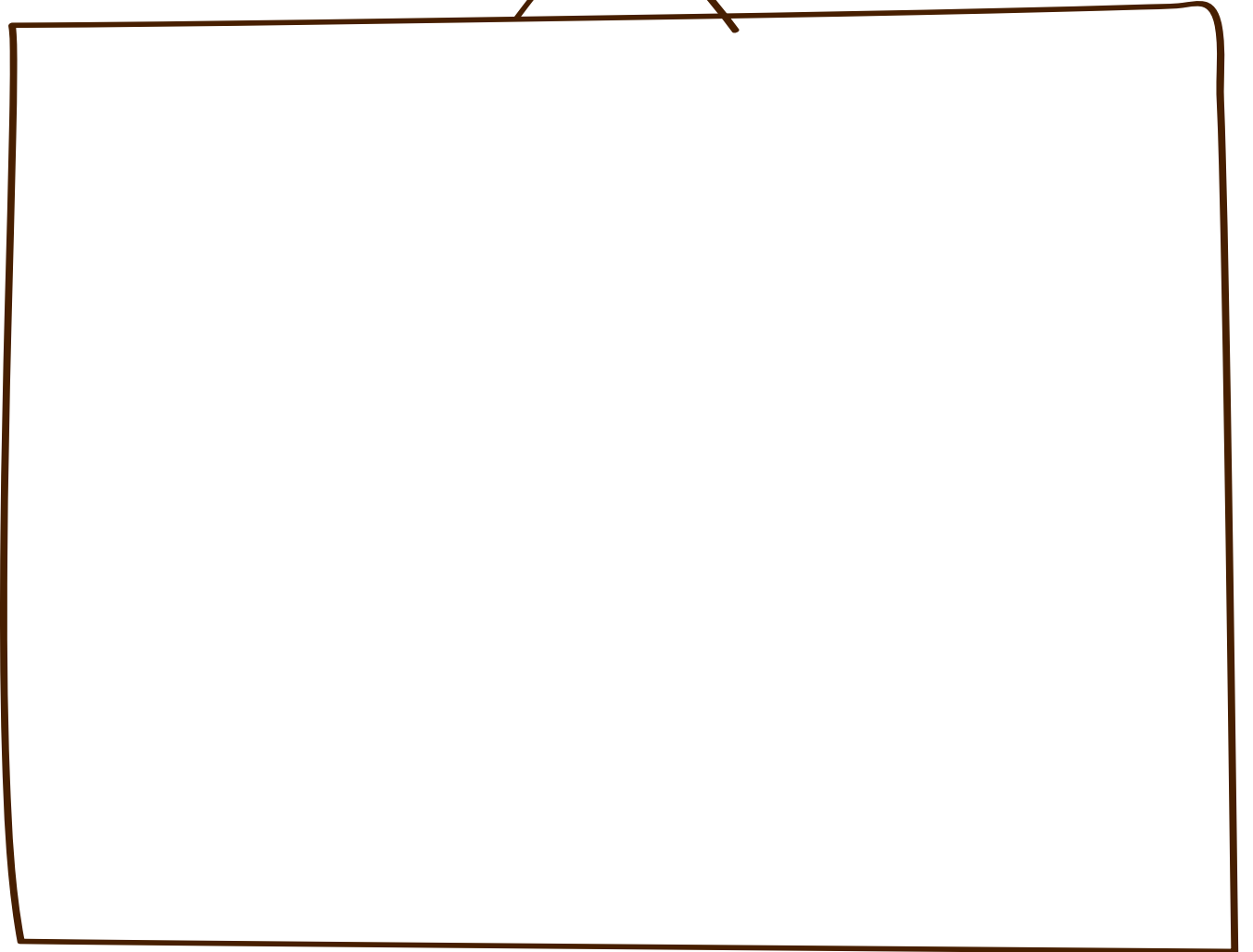
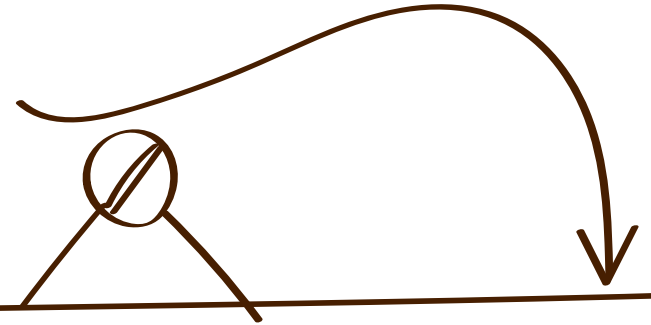
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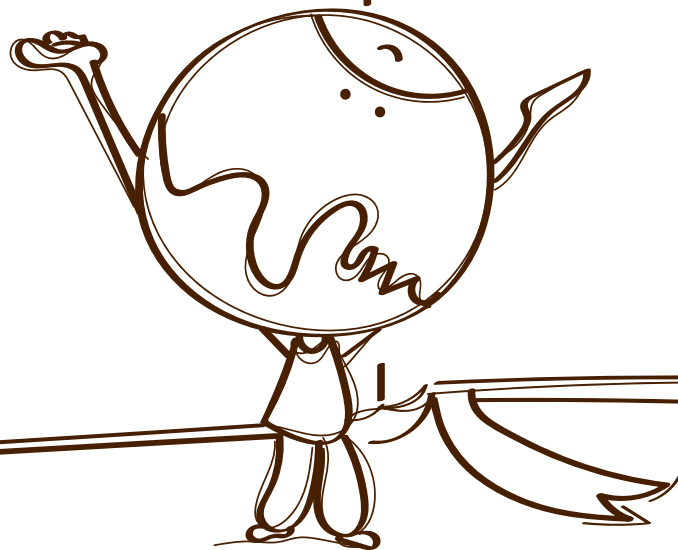


PLACE HERE
THE PHOTO YOU
LIKE THE MOST



2

WHAT ARE THE MOST
BEAUTIFUL EXPERIENCES
IN YOUR LIFE?



Magdalena Hospital

the **LIVING** of **FREEDOM**
& **DEDICATION**



FOR OTHERS

OPENNESS & SERVICE

with OPEN EYES
&
HEART & DEEP
LISTENING

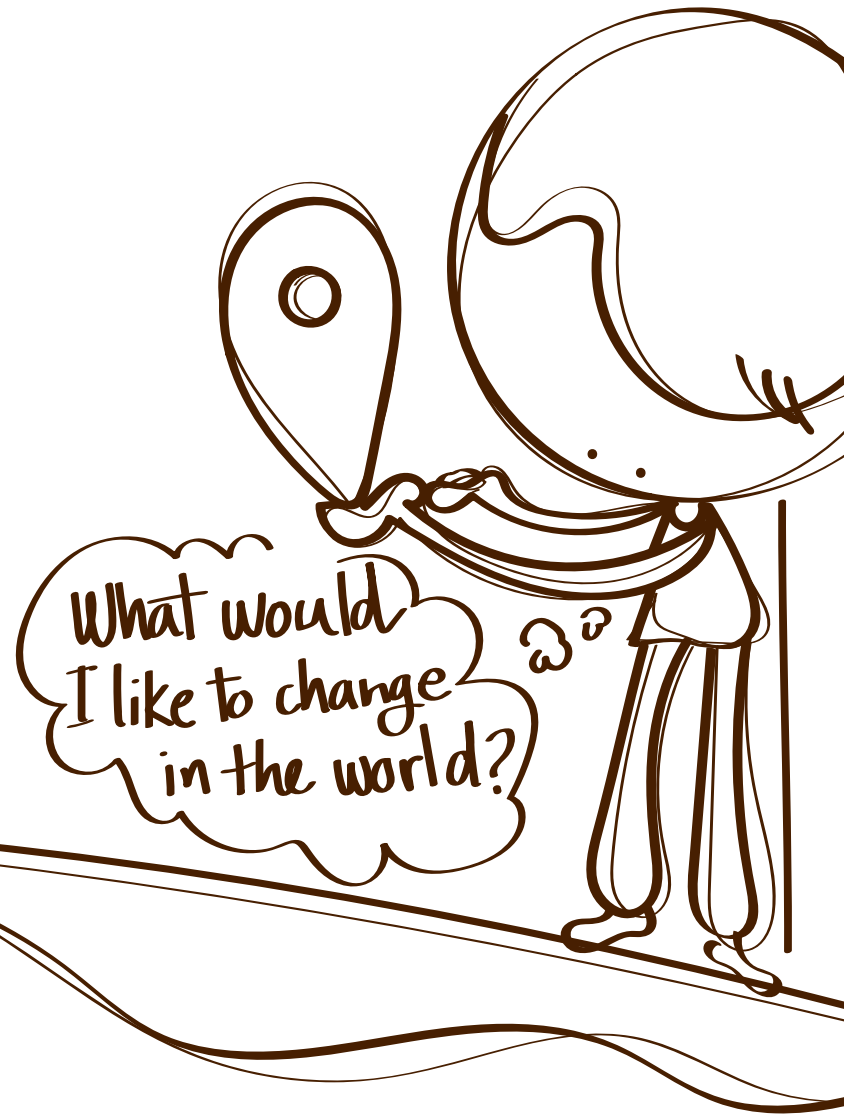
1 WHO ARE YOU
FOR TODAY
your purposes,
dreams,
goals...

What do I have
to change
in me?



2

WHAT IS YOUR PLACE
IN THE WORLD?



What would
I like to change
in the world?



SEE the SMALL DETAILS ALONG THE WAY

What surprises you?
What did you find?
What did you like the most?

Use these sheets
to make your way...





Loiola+

www.loiola-gehiago.com

Azpeitia
Denontzat

urola
TURISMOA

**GIPUZKOA**
TURISMOA

EUSKADI
BASQUE COUNTRY
#Basqueexperience